



Northampton Aquatic & Family Center

@ JFK Middle School, 100 Bridge Rd., Florence

FALL POOL SCHEDULE

9/8 - 11/26/07



Check schedule carefully. Call ahead if you are worried about lane availability.

MONDAY: 6:00 - 7:00 am Masters / Lap
7:00 - 7:30 am Masters / Aerobics*
*Aerobics until 7:40
3:00 - 5:30 pm Lap/Open
5:30 - 6:30 pm Lap / Aerobics
6:30 - 8:30 pm Swim Team

TUESDAY 4:00 - 6:00 pm Lap / OPEN
6:00 - 7:00 pm Lap / Aerobics
7:00 - 8:30 pm Swim Team

LAP = Lap swimming
am OPEN = Open swim for anyone to come & have fun in the pool!

WEDNESDAY: 6:00 - 7:00 am Masters / Lap
7:00 - 7:30 am Masters / Aerobics*
*Aerobics until 7:40 am
3:00 - 5:30 pm* Lap / OPEN

****Please note: OPEN Swim in Shallow end only during Diving class 3:30-4:15 pm 9/12-10/17**
5:30 - 6:30 pm Lap / Aerobics
6:30 - 8:30 pm Swim Team

THURSDAY: 4:00 - 6:00 pm Lap / Swim Lessons
6:00 - 7:00 pm Lap / Aerobics
7:00 - 8:30 pm Swim Team

FRIDAY: 6:00 - 7:00 am Masters / Lap
7:00 - 7:30 am Masters / Aerobics*
*Aerobics until 7:40 am
3:00 - 6:30 pm Lap / OPEN (Birthday Party 4:00-5:15)
6:30 - 8:30 pm Swim Team

SATURDAY: 9:30 - 11:30 am Lap / Swim Lessons
11:30 - 5:00 pm Lap / OPEN (Birthday Parties 2-3:15 pm)

SUNDAY: 10:00 - 11:30 am Lap / OPEN
11:30 - 1:00 pm Lap / OPEN / Free Community Senior Swim
1:00 - 5:00 pm Lap / OPEN (Birthday Parties 2-3:15 pm)

Pool and AFC Closed: 10/8 (Columbus Day), 11/12 (Veterans Day), and 11/21 (pm only), 11/22, and 11/23 (Thanksgiving Break)

SCHEDULES CHANGE AND ARE SUBJECT TO CHANGE DUE TO SPECIAL EVENTS

AFC @ JFK Middle School, 100 Bridge Rd., Florence

Fall office hours: Mon-Fri 4-8 pm & Sat and Sun 10 am - 5 pm, 587-1046 or Northampton Recreation Dept., 90 Locust St., Northampton

Mon-Fri 8:30 am - 4:30 pm, 587-1040 - www.northamptonma.gov/recreation